

Louisville Dolphins
2011 Parent-Swimmer Participation Contract for _____ (Family Name)

To ensure a high standard is kept within the Dolphins Swim Team, each family must follow the guidelines below. By signing this contract, each family has read, understood, and agreed to the requirements for participation.

Parents

Waiver & Release - As parent and/or legal guardian of the child or children listed on the registration form I voluntarily release and agree to not hold the City of Louisville, its agents including but not limited to Dolphins Swim Team, any of the team's coaches or POD members as individuals for any injuries and/or losses that may occur during my child's/children's participation with the Dolphins Swim Team. I knowingly and voluntarily assume all risks of injury and loss, whether known or unknown, of all swimming events and all other Dolphin activities. I also understand that the Louisville Dolphins Swim Team does not carry medical insurance for swim team members.

Volunteering – Unlike other youth sports, swim meets are labor intensive. A large number of parent volunteers are needed to conduct a successful swim meet and without parent volunteers there can be no swim meet. Each team is responsible for staffing their home meets with timers, stroke judges, runners, and scoring officials just to name a few. Parents are required to help the swim team by volunteering at the home swim meets and performing other team jobs. Once you have been scheduled, if you cannot fulfill your job, it is your responsibility to find a replacement and let the coordinator know who that replacement is. **Volunteer Sign-up Forms must be turned in to complete registration. Without job commitments, registration will not be accepted.**

Parent Handbook - As a parent or legal guardian, I understand that the Louisville Dolphins is a private swim team. I agree to follow all the rules and regulations listed in the Parent Handbook.

Photographs - I will permit the Louisville Dolphins to use any photographs of my family in the Dolphins website or newsletter. If NO, please initial here_____.

Perspectives - As the season progresses swimmers and parents get more involved with performance at the swim meets. Try to maintain a healthy emotional detachment that allows your swimmer to participate and even fail without risking a reprimand or disappointment of a parent. Also, resist the temptation to coach your child. Please leave the coaching to our coaches. Crossing these role boundaries confuses the younger swimmer and angers the older swimmer.

Parents at Practice - Typically, age group swimming programs require parents not to be on the pool deck during practice. The swimmers' attention is then focused on the instruction and the practices are safer and more productive. We would like to ask that parent's please do not watch the practices around the pool deck.

Communication: Parents are expected to communicate with coaches regarding swimmer absences and concerns. As parents of the Louisville Dolphin Swim Team it is important that we communicate with each other in order to build a strong team. Once in a while, though, people do not agree with each other. In those cases, try to work out the problem with the other person. If you do have a conflict or a question with a member of the coaching staff, try approaching them with your concerns. If that does not resolve the issue then contact your Parent/Coach Liaison and discuss the matter with him/her. This position has been created to provide a single person for swimmers and parents to contact when questions or problems arise.

Swimmers

Respect for Property – Swimmers are expected to respect the home pool property and the property at home and away meets. Any swimmer who vandalizes property, either at our home pool or at a visiting pool will be removed from the team for the remainder of the season. This includes the lockers rooms, pool area and other swimmers’ personal belongings. The swimmer will be responsible for restitution.

Respect for Others - Any swimmer who disrupts practice will be asked to leave. Disruptive behavior includes, but is not limited to:

- Failure to follow a coach’s request
- Splashing, dunking, pushing, pulling of other swimmers
- Any action that stops the flow of a lane’s workout
- Disrespect to fellow teammates or coaches
- Horseplay, bullying, or verbal abuse in the locker room.

Disciplinary Action - In the event of a discipline problem, the steps for handling such acts are as follows: The coach will discuss the problem with the swimmer and make every effort to work out the problem. If the offense is repeated, the parents, the head coach, and the Board will be notified to determine the appropriate actions.

Sportsmanship – Good sportsmanship is a hallmark of the Dolphin swim team. We pride ourselves on the quality of our swimmers and the sportsmanship they demonstrate. Swimmers are expected to be respectful of fellow teammates and competitors. Good sportsmanship is demonstrated by offering “good luck” to others before races and congratulating swimmers in adjacent lanes after the race. At home meets swimmers are expected to be good hosts and welcome visiting teams. At away meets swimmers are expected to be mindful that we are guests and need to follow the rules and keep our team area clean.

Practice Attendance - During the regular season, starting in June, swimmers are expected to practice at least 4 days a week, unless excused by the coach. Swimmers must arrive at their scheduled practice 10 minutes early to get their personal needs (caps, goggles, etc.) prepared. When practice is over each swimmer is expected to help store the equipment. Practice attendance determines meet participation. Scheduled vacations are fine but parents are required to notify their coaches of absences by sending an email to absences@louisvilledolphins.org.

Effort – Swimmers are expected to improve their competitive swimming skills while having fun. Swimmers have many opportunities to improve strokes, increase endurance, and decrease times. How much and how fast a swimmer improves depends on how much effort and hard work they put into practices and meets.

I have read and agree to comply with all the conditions

Parent Signature: _____

Swimmer Signature: _____

Swimmer Signature: _____